Where you can learn more about Planning and management tools and theories:

SMART Goals:

https://www.mindtools.com/pages/article/smart-goals.htm

https://corporatefinanceinstitute.com/resources/knowledge/other/smart-goal/

https://www.atlassian.com/blog/productivity/how-to-write-smart-goals

How to write SMART Goals v2.pdf

Eisenhower Matrix

https://todoist.com/productivity-methods/eisenhower-matrix https://www.mindtools.com/pages/article/newHTE_91.htm



Gantt Chart

https://www.gantt.com/

https://en.wikipedia.org/wiki/Gantt_chart

https://www.mindtools.com/pages/article/newPPM 03.htm



Gantt_charts.pdf

Covey's theory of Effective People

https://www.business.com/articles/management-theory-of-stephencovey/#:~:text=Grow%20from%20dependence%20to%20independence,our%20lives%20d ependent%20upon%20others.

https://en.wikipedia.org/wiki/The_7_Habits_of_Highly_Effective_People



Personal Development Planning

https://www.managers.org.uk/knowledge-and-insights/research/personal-developmentplanning/

https://en.wikipedia.org/wiki/Personal_development_planning

